

Meal Number	Meal Date	Desc				
1	4 Jan	Tamale Pie				2023
2	11 Jan	Beef Stew Bread Bowls				
3	18 Jan	Chicken and Biscuits				
4	25 Jan	BBQ Pork Loin, Roasted Garlic Mashed Potatoes, and Vegetables				
5	1 Feb	Chicken Fricassee with Penne				
6	8 Feb	Roasted Turkey, Cranberry Stuffing and Carrots				
7	15 Feb	Mardi Gras Special! Chicken and Sausage Gumbo with Dirty Rice				
8	22 Feb	Zigeunerschnitzel, Spaetzel and Bread				
9	1 Mar	Swedish Meatballs, Egg noodles and Vegetables				
10	8 Mar	Mediterranean Lemony Chicken				
11	15 Mar	Corned Beef and Cabbage Meal				
12	22 Mar	Cilantro Lime Chicken with Spanish Rice				
13	29 Mar	Chicken Parmesan with Penne and Bagette				
14	5 Apr	Meatloaf Dinner				
15	12 Apr	Coq au Vin with Fettucini				
16	19 Apr	Mediterranean Lemony Chicken				
17	26 Apr	Chicken Vegetable Stir Fry				
18	3 May	Greek Salad with Chicken and Roasted Garlic Bread				
19	10 May	Chicken Piccata				
20	17 May	Taco Lasagna				
21	24 May	Salmon in Parchment				
22	31 May	Pulled Pork, Buns, Potato Salad and Coleslaw				
23	7 Jun	Chicken Caesar Salad with Garlic Bread				
24	14 Jun	French Onion Chicken with Bow Tie Pasta				
25	21 Jun	Spaghetti and Meatballs				
26	28 Jun	Chicken Stuffed with Broccoli and Cheddar with Rice Pilaf and Steamed Carrots				
27	5 Jul	Peach Balsamic Chicken with Rice Pilaf				
28	12 Jul	BBQ Pork Loin, Roasted Garlic Mashed Potatoes, and Vegetables				
29	19 Jul	Garlic Chicken, Rice Pilaf and Green Beans				
30	26 Jul	Sesame Ginger Beef with Ramen				
31	2 Aug	Chicken Caesar Salad with Garlic Bread				
32	9 Aug	Greek Salad with Chicken and Garlic Pita				
33	16 Aug	Mediterranean Lemony Chicken				
34	23 Aug	Lasagna and Garlic Loaf				
35	30 Aug	Chicken Vegetable Stir Fry				
36	6 Sep	Enchiladas, Pinto Beans, and Spanish Rice				
37	13 Sep	Mongolian Beef with Broccoli and Ramen				
38	20 Sep	Chicken Caesar Salad and Garlic Bread				
39	27 Sep	Spaghetti and Meatballs and Garlic Bread				
40	4 Oct	Meatloaf, Mashed Potatoes and Peas				
41	11 Oct	Cider-Braised Pork Loin, Roasted Potatoes and Summer Squash				
42	18 Oct	Roasted Turkey, Cranberry Stuffing and Carrots				
43	25 Oct	Jagersnitzel With Spaetzel and Bread				
44	1 Nov	Cranberry Balsamic Chicken with Rice Pilaf				
45	8 Nov	Grilled Chicken, Greek Potatoes and Vegetables				
46	15 Nov	Chicken Vegetable Stir Fry				
47	22 Nov	Roasted Turkey, Cranberry Stuffing and Carrots				
48	29 Nov	King Pao Chicken with Jamine Rice				
49	6 Dec	Spaghetti and Meatballs with Garlic Bread				
50	13 Dec	Chicken Caesar Salad and Garlic Bread				
51	20 Dec	Lasagna and Garlic Loaf				
52	27 Dec	Swedish Meatballs, Egg noodles and Vegetables				